



OHIO PROGRAM *for*  
**CAMPUS SAFETY  
& MENTAL HEALTH**  
A NEOMED CCoE



## Frequently Asked Questions

### **What is QPR?**

QPR is an acronym for Question, Persuade, Refer. QPR is an evidence-based suicide prevention curriculum that teaches individuals to recognize someone at risk, intervene with confidence and competence and refer them to the appropriate source to receive the help they need.

### **What is the difference between a QPR Instructor and a QPR Master Trainer?**

QPR Instructor:

A QPR Instructor is an individual who inspires others to learn to be a QPR Gatekeeper by delivering the gatekeeper curriculum, often within an operational context. A QPR Instructor will closely align learning to ensure that QPR learning objectives are met. Effective QPR Instructors display knowledge of the topic of suicidology, ensure safety of all participants, maintain fidelity of the curriculum, and offer hope in all forms.

QPR Master Trainer:

QPR Master Trainers are trainers who are extremely skilled in training pedagogy, have longstanding experience in conducting training for professionals, and are accountable for training and certifying new QPR instructors. They have extensive knowledge and experience in suicidology and are considered subject matter experts on the topic of suicide. Master Trainers are responsible for teaching new instructors about the basics of suicide, the fundamentals of the QPR gatekeeper program, the demonstration of teaching techniques, and the parameters of certification.

- This is a contracted position with the QPR Institute that offers compensation

To learn more about how to become a QPR Master Trainer, visit [qprinstitute.com](http://qprinstitute.com)

### **What is the description and learning objectives for the QPR Instructor course?**

Course Description:

This certification course trains instructors to teach QPR for Suicide Prevention to their community. Participants first learn about the nature of suicidal communications, what forms these communications take and how they may be used as the stimulus for a QPR intervention. To gain perspective, participants are introduced to the history of suicide, suicide prevention and the spectrum of modern day public health suicide prevention education efforts. The history, background and research support for QPR are reviewed. Participants then learn to market QPR, target potential Gatekeepers, and how to teach the QPR curriculum. Participants also learn to deal with pent up audience demand to talk about suicide, survivor issues and how to make immediate interventions and referrals. Each participant has the opportunity for individual rehearsal and practice through role-plays.

#### Course Objectives:

1. Training participants to teach QPR Gatekeeper Training for Suicide Prevention
2. Understanding the nature and range of suicidal communications
3. Knowing the groups at greatest risk of suicide and why QPR can work for them
4. Suicide and suicide prevention in history
5. Gatekeeper training how, why, and the research
6. New and promising approaches to suicide prevention
7. How QPR fits into national efforts

#### **Who is eligible for the QPR T4T opportunity?**

According to the QPR Institute individuals must be 18 or older.

Please note: This specific QPR Instructor T4T is specifically for individuals actively involved in their campus-communities and dedicated to offering QPR Gatekeeper courses to pre-professional and professional students at Institutions of Higher Education in Ohio.

#### **How much does the QPR Instructor T4T opportunity cost?**

For those accepted into the QPR Instructor T4T cohort, the training will be offered at no cost. All course costs will be funded by the Ohio Program for Campus Safety and Mental Health and OhioMHAS. Accepted applicants will be responsible for their own travel and meal expenses.

#### **What is the Ohio Program for Campus Safety and Mental Health (OPCSMH)?**

The Ohio Program for Campus Safety and Mental Health is one of three Coordinating Centers of Excellence at Northeast Ohio Medical University. The OPCSMH is a coordinating

center of excellence as a resource dissemination center, we promote suicide prevention, mental health awareness and wellness for Ohio's institutions of higher education.

To learn more, visit: [Ohio Program for Campus Safety & Mental Health | NEOMED](#)

Join our listserv to learn more about upcoming opportunities! [List Info Board | Affinity](#)

### **What is included in the QPR Instructor T4T opportunity?**

2 hours of online self-paced work prior to the live-instruction and 8 hours of in-person, live-instruction.

3-year certification as a QPR Instructor, upon completion

A QPR Instructor's Manual, training booklets, and additional resources

Two of Dr. Quinnett's books

Complimentary registration for the two-day event; QPR T4T and Suicide Prevention Symposium.

Exclusive membership in a one-hour QPR Instructor virtual quarterly community of practice with fellow members of the cohort starting December 2025.

QPR and suicide prevention technical assistance from the OPCSMH.

An opportunity to contribute to QPR Higher Education curriculum.

### **When will the application close?**

Applications will close on Friday, August 22, 2025. Individuals will be notified of their application status by Friday, September 5th. Please note, submitting an application does not automatically grant acceptance to the QPR T4T opportunity.

### **Do I need to attend the QPR T4T in-person?**

Yes, this QPR T4T is an in-person, live-instruction course. The course will be at the University of Mount Union in Alliance, Ohio on October 10<sup>th</sup>, 2025. This will consist of an 8-hour day of live instruction.

### **Am I limited to only providing QPR Gatekeeper Courses to pre-professional and professional students?**

No, as a member of this cohort it is expected to provide QPR Gatekeeper to pre-professional and professional students, but you are not limited to only providing trainings to this population. It is expected that you use the complimentary QPR booklets and course

material that is provided with this opportunity for courses offered to pre-professional and professional students.

**As a member of this cohort, how many QPR Gatekeeper Courses am I expected to provide?**

It is expected that new QPR Instructors will provide at least 2-3 QPR Gatekeeper trainings per year, or approximately 1 per academic semester. It is expected that each member of the cohort will provide a minimum of 1 QPR Gatekeeper training by June 1<sup>st</sup>, 2026.

**I am already a QPR Instructor, can I apply for this opportunity to teach others how to become QPR Instructors?**

No, this opportunity is for individuals interested in becoming QPR Instructors. To become a QPR Master Trainer, which provides you with the training and education required to teach others how to become QPR Instructors, you must contact the QPR Institute. Visit [qprinstitute.com](http://qprinstitute.com)

**Is this a paid opportunity?**

QPR Instructors are not paid for Gatekeeper course instruction. Limited funding will be available to support travel on a first come, first served basis.

**Can I still become a member of the QPR Instructor Community of Practice and contribute to the development of higher education curriculum for the QPR Institute if I do not apply to the QPR Instructor T4T?**

Yes and no, the QPR Instructor Community of Practice will be an exclusive to members of this QPR Instructor T4T cohort. On the other hand, a separate workgroup will become available for individuals who did not participate in the QPR Instructor T4T, but who are interested in contributing to the development of higher education curriculum with the QPR Institute. If you are not applying for the QPR Instructor T4T, but are interested in this workgroup, please contact [afisher@neomed.edu](mailto:afisher@neomed.edu) to express your interest.

**Am I required to attend the OPCSMH Suicide Prevention Symposium on October 9, 2025, if I apply for the QPR Instructor T4T?**

No, symposium attendance is encouraged but not required. If you are selected for the QPR Instructor T4T your registration for the symposium will be complimentary.

**I still have questions. Who can I contact?**

You can contact [opcsmh@neomed.edu](mailto:opcsmh@neomed.edu) with any remaining questions