



OHIO PROGRAM *for*
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CCoE

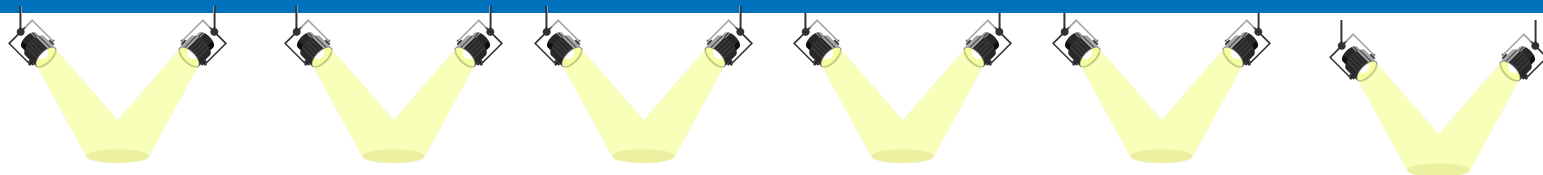
The Campus Connection

Keeping Ohio's campuses and communities of learning connected quarterly.

September 2024

Suicide Prevention Awareness Month

5th Edition



**Cuyahoga
Community
College**



Campus-Community Spotlight: How Cuyahoga Community College (Tri-C) Actively Engages the Minds of Students

[Active Minds](#) is an organization “dedicated to saving lives and to building stronger families and communities through education, research, advocacy, and a focus on young adults ages 14–25”. By starting the conversation about mental health, and forming lasting change, Active Minds has been making an impact on campuses throughout the U.S. since 2003. With this knowledge in mind, it should come as no surprise that Cuyahoga Community College's (Tri-C) Metro campus decided that they too should form their Active Minds chapter. Together, 6 students and 3 staff advisors from Tri-C; Sharyse Jones, MSSA, LISW-S, Program Director, Human Services, Tri-C, Deborah Y.

Drane, M.Ed., MA, LPC, Assistant Professor, Tri-C, and Jessica McLaughlin, Ph.D, Associate Professor, Tri-C, began working to establish their campus' Active Minds chapter in 2018. Through their efforts to engage with students such as tabling at campus events, hosting educational trainings, and fun activities such as the Mood Matters both in which participants decorated paper mâché masks as representations of their moods, the Active Minds Tri-C metro chapter was able to impact over 100 students during the 2023-2024 academic year. OPCSMH staff were able to attend a few of these trainings and are happy to report that they were indeed impactful!

OPCSMH staff had the opportunity to speak with Ms. Jones about her team's efforts to “empower students” and further establish the campus chapter. Ms. Jones gave us a sneak peek at upcoming programming for the 2024-2025 academic year. Some of the planned initiatives include [BetterYou](#) ambassadors, hosting a Project Wake Up screening for National Suicide Prevention Month, looking for opportunities to collaborate with other campus organizations, and providing special cords for chapter members at graduation! When asked what her advice would be to other higher education professionals looking to establish an Active Minds chapter on their campus, Ms. Jones stated that everyone has a story, and it's important to tap into what those stories mean to each student. She also encouraged letting students take the reins and providing support and guidance when needed to further emphasize the “nothing about us, without us” approach. Ms. Jones spoke about how she can see the effects of global events on students, and that not having an environment for students to feel safe is simply not an option. We certainly agree with that sentiment!

≡Welcome≡

Here We Grow Again!

≡Welcome≡



Annaleise Fisher, Ed.S., LPCC-S
She/Her

We are elated to announce that Annaleise Fisher, Ed.S., LPCC-S (she/her), is joining the Ohio Program for Campus Safety and Mental Health (OPCSMH) as the Suicide Prevention and Health Promotion Manager! Look below for a word from Annaleise.

It is an honor to join the OPCS MH as the Suicide Prevention and Health Promotion Manager. I look forward to learning about your campus community and exploring ways our diverse perspectives and experiences can contribute to successful collaboration.

I graduated from Kent State University with a Master of Education in Clinical Mental Health Counseling and an Education Specialist in Counseling degree. Throughout my educational and professional career, I developed a strong foundation in leadership, advocacy, research, curriculum development, instruction, and clinical practice. My professional philosophy is deeply rooted in the spirit of motivational interviewing: partnership, acceptance, compassion, and empowerment. I have experience serving in various leadership roles at the university, regional, state, and international levels. I am currently the secretary of the Ohio Counseling Association and an active member of the Motivational Interviewing Network of Trainers (MINT).

My professional experiences are varied, encompassing both higher education and clinical settings. Throughout my time in higher education, I engaged with key stakeholders, including academic professionals, community organizations, and clinicians, to meet the diverse needs of the campus community and the

future workforce. I conducted various forms of research and needs assessments to develop evidence-based programs and curricula.

In my clinical experience, I specialized in working with college students and emerging adults, where I developed a deep understanding of their unique mental health challenges. Additionally, I have experience designing and delivering evidence-based continuing education training related to suicide assessment and safety planning, best practices for suicide assessment and documentation, and suicidality: legal, ethical, and risk management considerations.

As the Suicide Prevention and Health Promotion Manager, I'm dedicated to providing essential technical assistance to support your campus's mental health and suicide prevention initiatives. My role involves offering guidance, training, and dissemination of knowledge aimed at reducing suicide rates through evidence-based approaches. I'm committed to collaborating with you and your campus to implement best practices, analyze data, and develop strategic plans that address high-risk and diverse student populations' unique needs. I believe that together, we can create a campus culture that prioritizes mental health and wellness.



The Campus Connection Turns One!

Happy one-year anniversary to The Campus Connection! September 2024 marks the one-year anniversary of The Campus Connection, and we hope you have enjoyed reading it as much as we have enjoyed writing it for you! To view previous editions of The Campus Connection, please visit the [archives](#).



Current & Upcoming Funding Opportunities

Please see the table below for a list of current and upcoming funding opportunities available to assist institutions of higher education, non-profits, state agencies, and college students.



Funding Opportunity	Closing Date	Award Ceiling
<u>American Foundation for Suicide Prevention Research Grants</u>	11/15/2024	\$50,000-\$1,500,000
<u>Innovative Mental Health Services Research Not Involving Clinical Trials (R01 Clinical Trials Not Allowed)</u>	1/7/2025	N/A
<u>Dissemination and Implementation Research in Health (R03 Clinical Trial Not Allowed)</u>	5/7/2025	\$100,000
<u>Dissemination and Implementation Research in Health (R01 Clinical Trial Optional)</u>	5/7/2025	N/A
<u>Dissemination and Implementation Research in Health (R21 Clinical Trial Optional)</u>	5/7/2025	\$275,000
<u>Pilot Research Opportunities in Crisis Response Services for Suicide Prevention (R34 Clinical Trial Optional)</u>	6/3/2025	\$450,000
<u>HEAL Initiative: Research to Increase Implementation of Substance Use Preventive Services (R01 Clinical Trial Optional)</u>	1/16/2026	N/A

Training Opportunities

Please see below for a list of upcoming in-person and virtual training opportunities.



Event	Description	When & Where
Ohio Program for Campus Safety and Mental Health Webinar Series	Be sure to check the OPCSMH Webinars page for newly announced webinars each month during the academic year!	Zoom
Suicide Prevention: Considerations for Special Populations	This course's main objective is to examine the critical significance of suicide prevention in special populations. This workshop will delve into both identifying signs of suicide risk among special populations and discussing strategies for prevention with an emphasis on fostering awareness of issues within marginalized communities, including but not limited to the LGBTQIA+ community, neurodivergent individuals, veterans, and those from diverse cultural backgrounds.	September 9, 2024 Virtual 10:00 AM-2:00 PM ET
Lab Series: LGBTQ+ Youth Suicide Risk Reduction- LAB 1: LGBTQ+ Youth and the Self-Harm Continuum	Though suicide touches every community, the stunningly disproportionate rate of self-induced deaths among LGBTQ+ youth is an ongoing emergency. Family rejection, trauma, addiction, social stigma and discrimination, and prejudice-related mental health concerns have enormous impact on suicidal ideation. This three-part lab series will highlight some of the pressures that lead sexual and gender minority youth to suicide, what factors elevate or lower self-harm risk, as well as clinical and community-based interventions to help build resilience.	September 12, 2024 Virtual 1:00 PM – 3:00 PM ET
Mental Health Summit 2024: Strengthening through Connection	Join in the discussion of ways that we as a community can address the mental health needs of our local Veterans and their families. VA representatives and community agencies will be present. All Veterans and community members are welcome!	September 13, 2024 Berea, Ohio 8:00 AM - 4:30 PM ET

Event	Description	When & Where
OPCSMH 2nd Campus Safety & Suicide Prevention Symposium: Shifting from Awareness to Action	Join the Ohio Program for Campus Safety and Mental Health virtually to hear from campus safety and suicide prevention experts on the mental health and wellness of our campus-communities!	September 19, 2024 Zoom 9:00 AM-2:00 PM ET
Ethics and the Collegiate Recovery Professional	With the release of Ethical Considerations for the Collegiate Recovery Professional in 2023, this presentation will take a look at understanding and applying ARHE's Ethical Principles for professionals in a collegiate recovery program. This presentation will be discussion based and an opportunity to discuss common ethical dilemmas and ways in which we resolve them.	September 26, 2024 Virtual 2:00 PM ET
L.E.T.S. Save Lives: An Introduction to Suicide Prevention for Black and African American Communities	L.E.T.S. (listening, empathy, trust, support) Save Lives: An Introduction to Suicide Prevention for Black and African American Communities is a presentation designed to reduce cultural stigma, foster conversations about mental health, and raise awareness of suicide prevention for individuals who identify as Black or African American. The program is grounded in research and delivered by trained presenters from the Black and African American community.	October 29, 2024 Virtual 12:00 PM – 1:30 PM ET

Does your organization have a training or funding opportunity occurring between January and March 2025?

Contact us at opcsmh@neomed.edu so we can share it in the next quarterly OPCS MH Newsletter!

Be sure to [sign up](#) for the Ohio Program for Campus Safety and Mental Health listserv to stay up to date on new training opportunities, events, and funding opportunities!

Find previous editions of *The Campus Connection* [here](#)!

