



OHIO PROGRAM *for*
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CCoE

OPCSMH 2024-2025 Webinar Series

SUPPORTING MENTAL HEALTH AMONG COLLEGIATE ATHLETES

Supporting the mental health of collegiate athletes is vital based on the unique challenges and pressures student athletes face including but not limited to academic demands, transition to adulthood, and athletic performance. Participating in collegiate sports can contribute to a valuable sense of community for athletes, can also impact and challenge the school spirit amongst athletes, across the student body and the broader community when there are unaddressed mental health issues.

Though sport is often a protective factor for student-athletes, being under the pressures of performance within the college athletic ecosystem begets many unique challenges. This webinar will focus on increasing awareness of mental health concerns and presentations within collegiate athletes, the intricacies of the sport ecosystem, and considerations for collaborations with athletic departments, support staff, and parents to support student athletes' mental well-being.

TIME

September 11th, 2024

12:00pm-1:00pm EST

SPEAKER

Danielle Pecar, Ed.D., Bowling Green University



Victoria Newkirk, BBA, Plain Local Schools



Tyler Newkirk, M.Ed., Former Collegiate Athlete

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Questions?

Contact us at opcsmh@neomed.edu

