

OHIO PROGRAM for CAMPUS SAFETY & MENTAL HEALTH

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The Campus Connection

Keeping Ohio's campuses and communities of learning connected quarterly.

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Campus-Community Spotlight: Terra State Community College's Initiative to Promote Mental Health & Suicide Prevention Awareness Among Faculty & Staff

4th Edition

Terra State Community College, located in Sandusky County, Ohio, serves their community by providing accessible and affordable educational experiences. Although Terra State is a State Community College, the majority of their student population consists of College Credit Plus (CCP) students, who are simultaneously enrolled in both high school and college level courses. With this unique student population, Terra State finds it important to pay extra attention to statistics about youth in their community. Data from the 2019-2020 Sandusky County

Community Health Needs Assessment revealed that 35% of Sandusky County youth responded as experiencing hopelessness or sadness nearly every day during the past two weeks, 15% responded that they had made a plan to attempt suicide in the previous 12 months, and 44% reported academic success as their greatest cause of stress, anxiety, and depression. These experiences not only caused youth to struggle with their day-to-day routines but caused difficulties in their academic success as well.

Seeing these statistics and knowing that all of their faculty and staff interact with students to some extent, Terra State took the initiative to train employees on mental health and suicide prevention awareness in order to ensure that each employee had the necessary knowledge and skills to promote social connectedness, identify students at risk, and intervene should a mental health crisis occur. This initiative would not only help their campus address the statistics previously mentioned but would benefit all students and employees on campus. Terra State began by providing QPR (Question, Persuade, Refer) Gatekeeper training for employees, which trains attendees to be able to question if someone is thinking of attempting suicide, persuade the person in crisis to seek professional help, and refer them to appropriate mental health resources. Additionally, the course covers common causes and warning signs of suicide. Terra State then partnered with their local National Alliance on Mental Illness (NAMI) chapter to develop and disseminate a survey with the intention of asking campus employees what additional mental health and suicide prevention training opportunities they would like to receive. Utilizing the data from the survey, Terra State developed a training seminar to provide a day of learning for their employees and invited local community partners to attend and discuss their organization with attendees. Gretchen Hammond Clark, PhD, MSW, LSW, LCDCIII, and CEO of Mighty Crow provided presentations on the impact of trauma, warning signs of compassion fatigue, and breaking the stigmas surrounding mental health and addiction. Click here to read the full story!

Understanding Accommodations to Support Students with Disabilities



Amanda Feaster, Ph.D., Director of Student Accessability Services (SAS) Kent State University

The number of college students with disabilities has increased over the past ten years, with disabled students making up 21% of college students according to the <u>National Center for Education Statistics</u>. While not all of these students might utilize accommodations, it's essential for anyone who works with college students to understand the unique perspectives experienced by disabled students.

Disability basics

A *disability* is a physical or mental impairment that substantially limits one or more major life activities, according to the <u>Americans with Disabilities Act</u> (ADA). The ADA and Section 504 of the Rehabilitation Act of 1973 are federal civil rights legislation that prohibit discrimination of people with disabilities. These laws set minimum standards for physical access, such as auto-openers on doors or elevators, and they require

accommodations for disabled people in public places, <u>at work</u>, or<u>at school</u>. Disabilities might be present from birth or acquired throughout a person's life. A disability might be obvious or less obvious, and some disabilities fluctuate over time. In general, disabilities fall into broad categories like physical/mobility, psychological, sensory, learning, developmental, and medical/health.

Accommodations are adjustments or services that mitigate disability-related barriers. These accommodations might focus on academics (such as extended time for exams, testing in a quieter environment, or accessible textbooks and classroom materials), housing (like residence hall rooms with roll-in showers or a single room), or campus navigation (such as accessible parking or access to a campus shuttle). The offices that assist students with getting and using accommodations go by many names, but they typically are called disability or accessibility services. The <u>Campus Disability Resource Database</u> has contact information for almost every college or university disability resource office in the United States.

Getting accommodations in college

Unlike K-12 schools, <u>getting accommodations</u> in college starts with the student identifying themselves to the disability resource office on their campus. Each student's accommodations are determined on a case-by-case basis through an interactive process that involves a student narrative and analysis by the disability advisor. Students typically meet with a disability advisor to discuss their disability and which accommodations would be beneficial. In many cases, documentation of the student's disability is also necessary to supplement the student's narrative. Documentation might include the student's Individualized Education Plan (IEP) or 504 Plan from high school, diagnostic assessment information, or a summary of the disability and its impact from the treatment provider.

After meeting with a disability advisor and providing the requested information, students are able to use the accommodations assigned to them. It is the student's responsibility to communicate these accommodations to their instructors through an accommodation letter. Some colleges and universities use an online portal where students can request their letters electronically, and other institutions use a printed letter that students deliver to their instructors. Students should provide this notification every semester for every class where they want to utilize accommodations.

Want to learn more? Click here to read the full article!



Campus Community Partnership Summit

By working together, campuses and communities can work smarter – not harder – to best meet student behavioral health care needs. By collectively leveraging campus and community supports and resources, student behavioral health needs can be more effectively met across the continuum of care: from mental health services, AOD use/misuse identification and referral to services to prevention strategies to enhance overall student wellness. This summit will highlight the benefits of building campus community relationships, provide examples of successful campus/community partnership projects, and address potential student wellness impacts with the legalization of cannabis in Ohio. Registration is free! Click <u>here</u> to learn more.



Current & Upcoming Funding Opportunities

Please see the table below for a list of current and upcoming funding opportunities available to assist institutions of higher education, non-profits, state agencies, and college students.		S
Funding Opportunity	Closing Date	Award Ceiling
<u>OPCSMH Campus-Community Collaborative Grants (CCG)</u>	Stay tuned for the release of the FY25 CCG Request for Proposal!	\$5,000
National Peer-Run Training and Technical Assistance Center	July 22, 2024	\$1,900,000

for Addiction Recovery Support

Funding Opportunity	Closing Date	Award Ceiling
Safer Outcomes: Enhancing De-Escalation and Crisis Response Training for Law Enforcement	July 23, 2024	\$350,000
Office of Postsecondary Education (OPE): Fund for The Improvement of Postsecondary Education (FIPSE): Centers of Excellence for Veteran Student Success	July 29, 2024	\$750,000
Fiscal Year 2024 Competitive Cooperative Agreement Solicitation - Drug Court Training and Technical Assistance	July 31, 2024	\$6,000,000
<u>Lethal Means Safety Suicide Prevention Research in</u> <u>Healthcare and Community Settings</u>	January 23, 2025	\$450,000
Alcohol and Other Substance Use Research Education Programs for Health Professionals	May 25, 2026	\$250,000
Alcohol Health Services Research	September 7, 2026	\$500,000
Notice of Special Interest: Advancing mHealth Interventions for Understanding and Preventing Alcohol-Related Domestic <u>Violence</u>	September 8, 2026	Unspecified
Notice of Special Interest (NOSI): Interventions to promote mental well-being in populations that experience health disparities through social, cultural, and environmental connectedness	September 8, 2026	Unspecified
<u>Notice of Special Interest (NOSI): Strategies to Address</u> <u>Stigmatizing Beliefs and Policies Affecting People Who Use</u> <u>Drugs</u>	January 8, 2027	Unspecified

Training Opportunities

Please see below for a list of upcoming in-person and virtual training opportunities.



Event	Description	When & Where
Ohio Program for Campus Safety and Mental Health Webinar Series	Be sure to check the OPCSMH Webinars <u>page</u> for newly announced webinars each month during the academic year!	Zoom
<u>NOVA Crisis Response Team Trainings</u>	 During the training, instructors will explain the impact of trauma on individuals and groups, explore crisis intervention theory, and prepare participants to respond with appropriate psychological intervention. Participants who complete the three-day training will receive a NOVA Certificate and be offered the opportunity to sign up for the Ohio Crisis Response Team (OCRT), a highly qualified, all-volunteer mobilization group that may be deployed to respond to traumatic events in Ohio and other states. 	Multiple date & location options July-October 2024
<u>Creating a Supportive Environment for</u> <u>Suicide Loss Survivors: It's Easier Than</u> <u>You Think</u>	Caregivers, Counselors and Behavioral Health Agencies will participate in a presentation and discussion about how to support people impacted by a suicide loss in everyday life.	July 16, 2024 10:00 AM-11:30AM Virtual
<u>2024 Peer Recovery Summit</u>	2024 Peer Recovery Summit's theme is Peers Faces: Celebrating Resiliency. National and local speakers will lead transformative educational sessions that will provide recovery leaders and peer supporters with new ideas and invigoration to continue to do meaningful work in their communities. OhioPRO is also excited to debut its mobile application at the 2024 Peer Recovery Summit.	

Event	Description	When & Where
<u>The Higher Education Center for</u> <u>Alcohol and Drug Misuse Prevention</u> <u>and Recovery (HECAOD) 2024</u> <u>National Meeting</u>	The Higher Education Center's National Meeting is an opportunity for professionals working to address collegiate substance misuse across the continuum to come together and learn from subject matter experts and their peers. This conference is intended for any professional working in the AOD field with college students.	July 30-August 1, 2024 Ohio Union, Columbus, Ohio or Virtual
Ohio Prevention Conference 2024	The Ohio Prevention Conference is the premier educational opportunity for prevention specialists, health educators, business professionals, and community members dedicated to fostering a healthier environment. Attendees will engage with cutting-edge prevention science, hone skills in implementing evidence-based strategies, and forge connections with diverse sectors from across Ohio through meaningful networking.	August 19-August 20, 2024 Hyatt Regency, Colombus, Ohio
<u>Midwest Suicide Prevention and Mental</u> <u>Health Summit</u>	This two-day summit will focus on bringing together providers of suicide prevention across the Midwest, from coalitions and organizations dedicated to preventing suicide and promoting mental health wellness, prevention professionals, healthcare professionals, veteran-serving organizations, state and community leaders, and others dedicated to community solutions to address the public health problem of suicide and mental health.	October 17-October 18, 2024 Greater Columbus Convention Center, Columbus, Ohio

Does your organization have a training or funding opportunity occurring between October and December 2024? Contact us at opcsmh@neomed.edu so we can share it in the next quarterly OPCSMH Newsletter!

Be sure to <u>sign up</u> for the Ohio Program for Campus Safety and Mental Health listserv to stay up to date on new training opportunities, events, and funding opportunities!



Find previous editions of The Campus Connection here!