

PEG'S FOUNDATION *and the*
COORDINATING CENTERS OF EXCELLENCE *of the*
NORTHEAST OHIO MEDICAL UNIVERSITY
DEPARTMENT OF PSYCHIATRY
proudly present

THE 2024
**DRS. FRED &
PENNY FRESE LECTURE**



Schizophrenia: Life, Stigma & Nonfiction

Thursday, May 23, 2024 | **3 p.m.** | Visit neomed.edu/drsfreselecture to learn more.

Nathan Shuherk is a disability advocate and public speaker living with schizophrenia and panic disorder. Shuherk, also a nonfiction book reviewer and influencer, is known on social media under the username **@schizophrenicreads**. He shares his nonfiction book recommendations on *BookTok*, a TikTok community that drives book sales.

His broad reach with 167K TikTok followers and 137K Instagram followers gained Shuherk accolades as one of Men's Health Magazine's Top 60 Influencers Worth Following in 2023. He is a former board member of Students With Psychosis, a nationwide mental health nonprofit organization, and an award-nominated advocate for mental health awareness.

He is writing his first book about his life with schizophrenia and reflections of mental health in society. He will speak about his experience as an advocate and discuss the stigma surrounding mental illness with medical care treatment providers.



Register for the Drs. Frese Lecture.
In-person or livestreaming



Questions?

Contact bestcenter@neomed.edu
or call **330.325.6698**

The Drs. Fred and Penny Frese Lecture honors the late Fred Frese, Ph.D., and Penny Frese, Ph.D., by sharing stories of individuals living successfully with schizophrenia and other serious mental illnesses and how their loved ones support their recovery.



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