

# 2022-2023 Webinar Series



OHIO PROGRAM for  
**CAMPUS SAFETY  
& MENTAL HEALTH**  
A NEOMED CCoE

**January 26th**  
**12:00 – 1:00 pm ET**

After registering, you will receive a confirmation email containing information about joining the webinar. Application for CE credits is pending. This webinar will be recorded, and an archive will be sent out to all registrants and uploaded for public access.

## ***Comprehensive Approaches for Addressing Student Mental Health: Needs and Opportunities for First-Generation Students*** with Sara Abelson, PhD, MPH, **Hope Center for College, Community, and Justice at Temple University School of Medicine**

Student mental health concerns are on the rise and exceeding the capacity of colleges and universities to respond clinically. Dr. Sara Abelson will present on public health opportunities and interventions for improving student mental health in higher education, based on her recent multidisciplinary review of the evidence-base, published in the Higher Education: Handbook of Theory and Research. She will cover the unique needs of first-generation students and identify critical approaches for enhancing the mental health and wellbeing of this important population of students.

### **Webinar Objectives**

- Participants will identify the unique mental health needs of first-generation college students
- Participants will describe individual, interpersonal, community, and institutional-level interventions for addressing student mental health
- Participants will describe important approaches for supporting the mental health of first-generation college students

