



OHIO PROGRAM *for*  
**CAMPUS SAFETY  
& MENTAL HEALTH**  
A NEOMED CCoE

Join Us

## LivingWorks ASIST – 2-day workshop

The Ohio Program for Campus Safety is pleased to announce a regional training provided by *LivingWorks ASIST*-- Applied Suicide Intervention Skills Training.

<b>October 6<sup>th</sup> &amp; 7<sup>th</sup> 2022</b>	<b>Prevention Action Alliance (PAA)</b> Matthew B. Schoonover Educational Center <b>Columbus, Ohio)</b>	<b>9:00am – 4:00pm</b>  <b>Click <a href="#">here</a> to register.</b>
<i>Date</i>	<i>Location</i>	<i>Time</i>

*LivingWorks ASIST* is a two-day, two-trainer, workshop designed for members of all caregiving groups. Family, friends, and other community members may be the first to talk with a person at risk but have little or no training. ASIST can also provide those in formal helping roles with professional development to ensure that they are prepared to provide suicide first aid help as part of the care they provide.

The emphasis is on teaching suicide first-aid to help a person at risk stay safe and seek further help as needed. Participants learn to use a suicide intervention model to identify persons with thoughts of suicide, seek a shared understanding of reasons for dying and living, develop a safe plan based upon a review of risk, be prepared to do follow-up, and become involved in suicide-safer community networks. The learning process is based on adult learning principles and highly participatory. Graduated skills development occurs through mini-lectures, facilitated discussions, group simulations, and role plays. Like all of LivingWorks' core programs, LivingWorks ASIST is evidence-based.

Over the course of their two-day workshop, ASIST participants learn to:

- **Understand the ways that personal and societal attitudes affect views on suicide and interventions**
- **Provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs**
- **Identify the key elements of an effective suicide safety plan and the actions required to implement it**
- **Appreciate the value of improving and integrating suicide prevention resources in the community at large**
- **Recognize other important aspects of suicide prevention including life-promotion and self-care**

There is no cost to attend, and registration will be limited to first come, first served. A light continental breakfast and lunch will be provided for all participants. For more information or questions, please email [opcsmh@neomed.edu](mailto:opcsmh@neomed.edu).

**\*\*Please note:** You must be present for the full 2 days of training to receive certification.

