

2021-2022 Webinar Series



OHIO PROGRAM for
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CCoE

March 9th, 2022
12pm-1pm EST

Register in Advance for Webinars

After registering, you will receive a confirmation email containing information about joining the webinar. Application for CE credits is pending. This webinar will be recorded, and an archive will be sent out to all registrants and uploaded for public access.

Campus Burnout in the COVID Era

**Joel Gecht, Ph.D., Chief Clinical & Consulting
Advisor, AllOne Health (IMPACT Solutions)**

The Ohio Program for Campus Safety and Mental Health invites you to join us for a presentation on "**Campus Burnout in the COVID Era**" for faculty and staff. Dr. Joel Gecht is an industry-leading psychologist specializing in the design and implementation of customized behavioral health care and related services for colleges, universities, school systems, healthcare facilities and corporations.

While the stresses of everyday life remain in full force, the multifaceted impact of COVID-19 has changed the playing field for all of us. This reality hit hard and continues to exacerbate our physical and mental health challenges. This is especially true on college campuses. Together with other work, family, and social pressures, the focus on understanding and attending to our mental health needs has grown to take center stage. This webinar will review burnout from several perspectives and explore specific coping strategies and mental health insights specifically geared for faculty and staff because we can all benefit from gaining additional insights.

Session Objectives:

- Review of Burnout factors
- Expand the focus on coping strategies to reduce stress, pressure, and anxiety
- Explore when and how to use available resources to support mental health needs and challenges



Click here to view a recording of previous webinars:

[**YouTube-Ohio Program for
Campus Safety and Mental
Health**](#)