

2021-2022 Webinar Series



OHIO PROGRAM for
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CCoE

November 23rd
11:00 am EST

**Register in Advance for
Webinars**

**After registering, you will receive a
confirmation email containing
information about joining the webinar.**

Northeast Ohio Medical University designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity

OhioMHAS has been approved as a provider of Continuing Professional Education credit by the Ohio Counselor, Social Work, Marriage and Family Therapist Board. 1.00 CPEs have been awarded to Social Workers and to Counselors OhioMHAS is approved by OPA-MCE to offer continuing education for Psychologists. 1.00 MCEs are awarded. OhioMHAS has been approved by the Ohio Chemical Dependency Professionals Board as a provider of Continuing Education Units and has awarded 1.00 CEUs. This program is approved for the following content area/s: R1 – 1.00 hours P2 – 1.00 hours

Facilitating Recovery After Trauma Among College Students

Craig J. Bryan, PsyD, ABPP



Rates of trauma exposure peak between 16 and 20 years of age, and a majority of college students report experiencing at least one potentially traumatic event. Posttraumatic stress disorder (PTSD) is estimated to affect approximately 9% of college students, with higher rates observed among female and racial/ethnic minority students. PTSD is associated with a range of negative health outcomes, reduced academic performance, early school dropout, and increased risk of suicide. Although suicidal thoughts and behaviors are common among patients with PTSD, myths and misconceptions about PTSD and suicide can hinder the availability of empirically supported treatments to college students with PTSD, especially those who also report suicidal thoughts and/or a history of suicidal behaviors. In this one-hour presentation, participants will gain general knowledge about treatments and interventions that have been shown to treat PTSD safely or effectively, even among people with elevated risk for suicide.

Dr. Randon Welton, M.D. is the featured moderator for the presentation. He is the Margaret Clark Morgan Endowed Chair of Psychiatry at Northeast Ohio Medical School (NEOMED). He oversees the Center for Student Wellness and Counseling Services at NEOMED and is a member of their University Mental Health Committee. Dr. Welton has spent over 20 years in psychiatry resident and medical student education. Dr. Welton served as a member of the United States Air Force for 24 years. During his service, he held the position of psychiatry consultant to the Air Force Surgeon General and was selected for the Department of Defense/Department of Veteran Affairs work groups to create clinical practice guidelines for post-traumatic stress disorder and bipolar disorder. He has published 16 journal articles and 13 book chapters. He is the co-editor for a book on Supervising Individual Psychotherapy which is scheduled to be published by the American Psychiatric Press in the spring of 2022.

