

What It Is Like to Lose Someone to Suicide

Resource List

(Compiled by Rebecca Prather, LISW-S) tailored specially for the audience of this presentation

Books:

- Life After Suicide by Jennifer Ashton, M.D. (2019)
- Life After Dark by
- The Gift of Second- Healing from the Impact of Suicide by Brandy Lidbeck (2016)
- Shattered by Suicide, Renewed by Resilience: How to Move Forward After Being Left Behind by Jason Holzer (2019)
- What Made Maddy Run : The Secret Struggles and Tragic Death of an All-American Teen by Kate Fagan (2017)
- When It Is Darkest by Rory O'Connor (2021)
- Website of book recommendations from American Foundation for Suicide Prevention: <https://afsp.org/books-for-loss-survivors>

Podcasts:

- Hope Illuminated Podcast
 - Teens Bereaved by Suicide-Hope Illuminated Podcast (2019) <https://www.sallyspencerthomas.com/hope-illuminated-podcast/47>
- Men Who Talk Heal

Websites:

Active Minds, Inc. (2021). <https://www.activeminds.org/>. Washington, DC: Active Minds Inc.

Higher Education Mental Health Alliance (2014). Postvention: A Guide for Response to Suicide on College Campuses. <https://sprc.org/sites/default/files/resource-program/Hemha-postvention-guide.pdf>.

American Association of Suicidology. <https://www.suicidology.org/>

American Association of Suicidology. (2020). Suicide Loss Survivors. [Suicide Loss Survivors – American Association of Suicidology](#).

American Foundation for Suicide Prevention. (2021). <https://afsp.org>

American Foundation for Suicide Prevention. (n.d.). *Children, Teens, and Suicide Loss*. [flipbook \(1\).pdf](#)

Centers for Disease Control and Prevention. (2021). *Social Determinants of Health: Know What Affects Health*. <https://www.cdc.gov/socialdeterminants/index.htm>

Centers for Disease Control and Prevention. (2021). *Suicide Prevention*. https://www.cdc.gov/suicide/?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Fsuiicide%2Findex.html.

Change Direction. (2021). <https://www.changedirection.org/>

The Connect Program: <https://theconnectprogram.org/>

Emergency TaskForce on Black Youth Suicide and Mental Health. (2019). *Ring the Alarm The Crisis of Black Youth Suicide in America*. [full taskforce report.pdf \(house.gov\)](#)

Harvard TH Chan: School of Public Health. (2021). *Means Matter*. <https://www.hsph.harvard.edu/means-matter/>. Boston, MA: Harvard TH Chan: School of Public Health.

Healthy Minds Network: <https://healthymindsnetwork.org/>

Illinois Department of Public Health Suicide Prevention. (2016). *Suicide and College Students*. <https://www.dph.illinois.gov/sites/default/files/publications/suicide-ncollege-students-050216.pdf>

The Jed Foundation. (2006). *Framework for developing institutional protocols for the acutely distressed or suicidal college student*. https://www.jedfoundation.org/wp-content/uploads/2016/07/framework-developing-institutional-protocols-acutely-distressed-suicidal-college-student-jed-guide_NEW.pdf. New York, NY: The Jed Foundation.

The Jed Foundation CampusMHAP and EDC, Inc. (2011). *A Guide to Campus Mental Health Action Planning*. https://sprc.org/sites/default/files/resource-program/CampusMHAP_Web%20final.pdf.

National Action Alliance for Suicide Prevention. (2021). <https://theactionalliance.org/> . Washington, DC: National Action Alliance for Suicide Prevention.

National Association of School Psychologists. (2011). *WS1 Handout 21: Memorials: Special Considerations When Memorializing an Incident*. School Crisis Prevention and Intervention

Training Curriculum (301) 657-0270.

[Memorials Special Considerations When Memorializing an Incident.pdf](#). Bethesda, MD:

National Association of School Psychologists

National Center for Biotechnology Information. (2020). *Mental Health, Substance Use, and Wellbeing in Higher Education: Supporting the Whole Student*.

<https://www.ncbi.nlm.nih.gov/books/NBK567374/>

National Institute of Mental Health. (2021). *Suicide Prevention*.

<https://www.nimh.nih.gov/health/topics/suicide-prevention>.

The National Suicide Prevention Hotline: <https://www.suicidepreventionlifeline.org>

Reporting on Suicide. (2020). *Best Practices and Recommendations for Reporting on Suicide*.

[Recommendations-eng.pdf \(reportingonsuicide.org\)](#).

Ohio Suicide Prevention Foundation: <https://www.ohiospf.org/>

The Trevor Project: <https://www.thetrevorproject.org/>

Portage County Community Health Improvement Plan (2020): [https://www.portagecounty-](https://www.portagecounty-oh.gov/sites/g/files/vyhlf3706/f/pages/portage_county_2020-2022_chip_progress_reporting_notes_january_2021.pdf)

[oh.gov/sites/g/files/vyhlf3706/f/pages/portage_county_2020-](#)

[2022_chip_progress_reporting_notes_january_2021.pdf](#)

Portage County Suicide Prevention Coalition: [https://www.mental-health-recovery.org/suicide-](https://www.mental-health-recovery.org/suicide-prevention-coalition-of-por)

[prevention-coalition-of-por](#)

- LOSS Team Contact information: Laura Dotts (laurab@mental-health-recovery.org)

Suicide in Ohio: The Facts, Figures, and the Future. (2020): [https://mhaadvocacy.org/wp-](https://mhaadvocacy.org/wp-content/uploads/2020/05/Installment-1-Suicide-in-Ohio-Facts-Figures-and-the-Future.pdf)

[content/uploads/2020/05/Installment-1-Suicide-in-Ohio-Facts-Figures-and-the-Future.pdf](#)

Suicide Prevention Resource Center. (2014). *Suicide among College and University Students in the United States*.

<https://www.sprc.org/sites/default/files/migrate/library/SuicideAmongCollegeStudentsInUS.pdf>

Suicide Prevention Resource Center. (2014). *Suicide Postvention as Prevention*.

[https://www.sprc.org/sites/default/files/spark-](https://www.sprc.org/sites/default/files/spark-talk/resources_for_postvention_as_prevention.pdf)

[talk/resources_for_postvention_as_prevention.pdf](#)

VeryWell Mind. (2020). *College and Teen Suicide Statistics*. [https://www.verywellmind.com/college-and-](https://www.verywellmind.com/college-and-teen-suicide-statistics-3570768)

[teen-suicide-statistics-3570768](#)

With You Here (Geared toward African American): <https://www.withyouhere.org/>

Statistics:

- Healthy Northeast Ohio: Age-Adjusted Death Rate due to Suicide: <http://www.healthynco.org/indicators/index/view?indicatorId=120>
- Ohio Public Health Information Warehouse: <https://publicapps.odh.ohio.gov/EDW/DataBrowser/Browse/Mortality>
- Summit County Statistics (Page 8): <https://app.powerbi.com/view?r=eyJrljoiMmU0MTQyNjQtZGM3ZS00ZDBhLTlhY2UtNjk0YTVhODU0ZTU4IiwidCI6ImJiMWI0YjU2LTQ4N2EtNGlyMy04YTI0LWEzYWVmNjVlMTFmZilsImMiOiF9>

Support Groups:

- Akron Children's Hospital God Mourning Program. Six week program for children and their caregivers (two separate groups running at the same time). https://www.akronchildrens.org/family_supports/Good-Mourning-Grief-Support-Series.html
- Cornerstone of Hope: <https://cornerstoneofhope.org/>
- The Griefcare Place (Stow. Attendees 18 years and older): <https://thegriefcareplace.org/>
- Kelly's Grief Center (Kent. Adults only). <https://www.kellysgriefcenter.org/>
- Light After Loss (Stark County 13+). <https://lightafterlossstark.org/>
- Survivors Group (Summit County. Adults only). Hosted by Portage Path Behavioral Health: <https://www.portagepath.org/our-services/speciality-programs/>