

2020-2021

Webinar Series

Title: Using Adaptive and Crisis Leadership Principles to Transition College Mental Health during the Pandemic

Presenters: Katharine Oh, PhD, Director, Counseling Center, Cleveland State University

Brittany Sommers, PhD, Groups Coordinator, Counseling Center, Cleveland State University

Summary: The challenges of 2020 have required incredible adaptation of our work. We will discuss strategies that helped us create an adaptive team at the Counseling Center in the years before 2020; how we transitioned in one week to all remote telehealth, including group counseling; what the experience was like; and what we've learned about leadership and teamwork. Join us for an interactive workshop to share insights and lessons from the year.

Register in Advance for Webinars:

https://neomed.zoom.us/w ebinar/register/WN 6xqbnr 6XTU614q4gxxo_oA

After registering, you will receive a confirmation email containing information about joining the webinar. **Application for CE credits is** pending. This webinar will be recorded and an archive will be sent out to all registrants and uploaded for public access.

Click here to view a recording of our previous webinars: **YouTube-Ohio Program for Campus Safety and Mental Health**

Participants will:

- Identify values that guided your team's transition with the pandemic
- Apply one principle from crisis leadership to your own work
- Describe strategies for increasing the adaptability of your team