



2019-2020 Webinar Series

When: Feb 25, 2020 11:30 AM Eastern Time (US and Canada)

Topic: Campus Climate Matters: Changing the Mental Health Climate on College Campuses to Address Student Mental Health Needs

Presenter: Lisa Sontag-Padilla, PhD and Michael Dunbar, PhD, RAND Corporation

This talk highlights findings from a recent evaluation conducted by the RAND Corporation, a non-profit research organization, of a higher education mental health prevention and early intervention initiative in California. We present findings from multiple studies, funded by the California Mental Health Services Authority, which reflect a collective effort of more than 50 California higher education campuses and nearly 90,000 participants surveyed between 2013 and 2017. We will review our survey methodology, strategies for engaging students in survey-based mental health research, and facilitators and barriers to survey implementation across a large public higher education system. We present key findings related to the impact of campus mental health climate and mental health stigma on college and university students' use of mental health services. Additionally, the presentation will highlight the role of peer-based organizations, such as Active Minds, in changing college students' knowledge, attitudes and behaviors related to mental health. Implications for society and future efforts to reduce unmet mental health treatment need among higher education students will be discussed.

Webinar Objectives:

- To learn about different methods for evaluating student mental health issues on college campuses
- To better understand the connection between campus climate, peer support, and mental health service utilization among college students.
- To learn about the societal benefit of increasing access to and engage in mental health services for college students

Register in advance for this webinar:

https://neomed.zoom.us/webinar/register/WN_Wp8tycUyS8u_WLoD7HKiDw

- After registering, you will receive a confirmation email containing information about joining the webinar.
- **Application for CE credits is pending.**
- **This webinar will be recorded, and an archive will be sent out to all registrants and uploaded for public access.**