



2019-2020 Webinar Series

When: Jan 16, 2019 11:00 AM Eastern Time (US and Canada)

Topic: Navigating the Ups and Downs of Caps and Gowns: A Peer Coaching Program for College Students with Mental Health Conditions

Presenter: Paul Cherchia, LMHC, College Mental Health Programs, Center for Psychiatric Rehabilitation, Boston University

Peer Academic Supports for Success (PASS) is an academic peer coaching intervention designed to meet the supportive needs of college students living with a mental health condition. This presentation will be led by the Supervisor of the PASS coaches as well as one of the Peer Coaches who have been delivering our services for the past two academic years. This webinar will aim to educate and collaborate with members of the audience on the PASS Program at Boston University. We hope to outline the principles of the program to give insight into the implementation of the program and a chance to recognize the importance of peer coaching on a college campus. This webinar will cover the entire process of the beginning of PASS including the hiring, training and weekly supervision of the coaches. We will look more in depth and hear specifically from one of the peer coaches on the effective coaching strategies utilized as well as the weekly challenges encountered within the coaching process. Coaching strategies discussed will include specific activities that address time management, campus resources, student wellness, advocacy, and creating healthy social relationships. The approach in this presentation should allow for ample opportunity for productive discussions and questions to enhance the well-being and innovative approaches we are using to serve the students and individuals we were work with.

Webinar Objectives:

- Outline the principles of the Peer Academic Supports for Success (PASS) Program.
- Identify effective coaching strategies utilized in the PASS Program.
- Discuss the importance and effectiveness of peer to peer work and community and university collaboration using the PASS Program as a model.

Register in advance for this webinar:

https://neomed.zoom.us/webinar/register/WN_f8SMJ8gdSZ2LjG-3zfLiTg

- After registering, you will receive a confirmation email containing information about joining the webinar.

- Application for CE credits is pending.
- This webinar will be recorded, and an archive will be sent out to all registrants and uploaded for public access.