



OHIO PROGRAM FOR  
**CAMPUS**  
SAFETY & MENTAL HEALTH

# 2019-2020 Webinar Series

**When: Oct 31, 2019 12:00 PM Eastern Time (US and Canada)**

**Topic: A Class of our Own: Supporting the Mental Health Needs of Students of Color**

**Presenter: Dr. Kamesha Spates, Kent State University**

Students of Color face a host of social, emotional, and psychological challenges throughout their educational journey. These complexities place them at increased risk for psychological distress. This webinar is intended to raise awareness about the mental health challenges faced by students of color at predominantly white institutions (PWI's). By the end of this webinar, participants should be able to: Think critically about the emotional needs of students of color on their respective campuses; Highlight the mental health challenges most often faced by students of color at PWI's throughout the US; and Begin a discussion with campus stakeholders about ways that institutions can support the mental health needs of minority college students in higher education. This webinar is appropriate for campus stakeholders interested in providing a supportive environment for underrepresented college students.

## **Webinar Objectives:**

- Discuss mental health prevalence rates of students of color in the United States.
- Identify common mental health challenges faced by students of color at PWI's.
- Communicate culturally specific components to consider in supporting the mental health needs of college students in higher education.

Register in advance for this webinar:

[https://neomed.zoom.us/webinar/register/WN\\_aHu57ZaUQriZdSj-fwUeQg](https://neomed.zoom.us/webinar/register/WN_aHu57ZaUQriZdSj-fwUeQg)

- After registering, you will receive a confirmation email containing information about joining the webinar.
- Registering for the webinar will auto-enroll you for the OPCSMH listserv.
- **Application for CE credits is pending.**
- **This webinar will be recorded, and an archive will be sent out to all registrants and uploaded for public access.**
- Click here to view a recording of our previous webinars: [YouTube-OPCSMH](#)